

LEC STUDENT PACKING LIST

PRE TRIP PLANNING:

Planning for the LEC trip includes making sure you have the appropriate gear and clothing for the LEC experience. Proper clothing, especially head and footwear, is important because we will be outdoors in many different types of weather conditions. September weather in northern Minnesota can include: rain, snow, heat and cold. Weather conditions can change rapidly and it is often 15 degrees colder there than in the Minneapolis/St. Paul area.

All gear and clothes should be labeled with the last name!

GEAR

Sleeping bag and pillow (pack in a large black garbage bag labeled with students name)

Bath towel and washcloth

Toothpaste and toothbrush

Soap/deodorant/shampoo

Comb/brush

Chapstick/pocket Kleenex

Flashlight

Water bottle

Small backpack

CLOTHES

Underwear

Socks (at least 2 pair per day)

Outer shirts/sweatshirts/sweater

Jeans/sweatpants

Pajamas

Waterproof hiking boots

Tennis shoes

Hat and gloves

Warm fall jacket

Plastic rain gear (pants/jacket)

Mittens and hat

Bog clothes (shirt, pants, socks, sweatshirt or jacket, that can get REALLY muddy. Include a plastic bag to pack these clothes separate from their other clothes) (Bog boots will be provided by LEC)

OPTIONAL

Camera (labeled)

Sunglasses

Pencil/stationary/stamps

Book to read

Playing cards

NOT ALLOWED

Cell phones, MP3 players, radios, CD players, game boys, gum, food, candy, hair dryers, aerosol products, nail, polish or remover, any electrical appliance, MONEY!!